

Seitenbacher®

Natural Foods Factory

Seitenbacher High Fiber Snack

Spelt (Tritium Spelta) a time forgotten grain has reemerged as an exciting healthy new product in the natural food market. Seitenbacher fosters the old German tradition of spelt cultivation without genetically modified organisms. Here in Germany we call spelt: Dinkel, Bauländer Spelz and Schwabenkorn.

Allergy Information:

While some gluten-sensitive people have been able to include spelt-based foods in their diets, spelt is not considered a wheat-free grain.

Storage:

Robust packaging, suitable for regular store shelves. At home refrigerate after opening. Close with a clip.

Benefits:

- A Good Source Of Fiber & Protein
- Because We Do Not Use Table Sugar (Sucrose) Or Glucose It Is Suitable
- Low Fat, Cholesterol Free
- No Artificial Colors Or Flavors
- Whole Grain Product
- Enjoy Plain Or With Milk

Nutrition Facts

(Serving Size 1/2 bag 57g)
 Calories 210 (From Fat 15)
 Total Fat 2g (2%)
 Saturated Fat 0g (0%)
 Cholesterol 0mg (0%)
 Sodium 0mg (0%)
 Total Carb 41g (14%)
 Dietary Fiber 6g (24%)
 Sugar 7g
 Protein 6g
 Iron 16%
 Calcium 2%

Ingredients:

Whole Grain Spelt, Low Fat
 Cocoa, Beet Fructose, Natural
 Flavor.



UPC Unit	Item No.	Item Description	Size	Case	Measure Unit	Measure Case	UPC Case
0-39545-00713-7	713	High Fiber Snack	4 OZ	12	H: 6 5/16 in W: 4 3/4 in D: 3 3/16 in	H: 9 in W: 7 1/2 in D: 11 5/8 in	0-39545-70713-6

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