

Seitenbacher®

Natural Foods Factory

Seitenbacher Grunkern-Soup



Historical background

After several years of bad harvest and famine the farmers found a way to use this premature whole spelt grain. They cooked the grain over a wood to produce this wholesome meal which is still used today.

Claims:

- Whole Grain Product
- Vegan
- Cholesterol Free
- Good Source Of Protein
- No Meat Extract
- All Natural
- No Gelatin
- No Eggs
- Low Fat

Nutrition Facts:

Serving Size 2tbs. (30g)
 Calories 90 (From Fat 10)
 Total Fat 1g (2%)
 Cholesterol 0mg (0%)
 Sodium 1180mg (49%)
 Total Carb. 15g (5%)
 Dietary Fiber 3g (10%)
 Sugars 5g
 Protein 5g
 Calcium 2%
 Magnesium 7%
 Iron 6%

Ingredients:

Green Whole Spelt, Yeast-extract (made with beet* molasses), Soy*, Sea Salt, Carrots, Brown Cane Sugar, Onions, Curcuma, Leek, Parsley, Nutmeg, Garlic, Lovage, Pepper, Balm, Dill, Paprika, Mustard. *GMO Free

UPC Unit	Item No.	Item Description	Size	Case	Measure Unit	Measure Case	UPC Case
0-39545-00785-4	785	Grunkern Soup	17.6 OZ	6	H: 5 1/4 in W: 4 in D: 4 in	H: 8 5/8 in W: 11 3/8 in D: 7 1/4 in	0-39545-70785-4

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