

# Seitenbacher®

## Natural Food Manufacturer

### Seitenbacher High Fiber Snack Lemon

Spelt (Tritium Spelta) a time forgotten grain has re-emerged as an exciting healthy new product in the natural food market. Seitenbacher fosters the old German tradition of spelt cultivation without genetically modified organisms. Here in Germany we call spelt: Dinkel, Bauländer Spelz and Schwabekorn.



#### Allergy Information:

While some gluten-sensitive people have been able to include spelt-based foods in their diets, spelt is not considered a wheat-free grain.

#### Storage:

Robust packaging, suitable for regular store shelves. At home refrigerate after opening. Close with a clip.

#### Nutrition Facts

(Serving Size 1/2 bag 57g)  
Calories: 160 (From Fat: 10)  
Total Fat: 1g (2%)  
Saturated Fat: 0g (0%)  
Cholesterol: 0mg (0%)  
Sodium: 0mg (0%)  
Total Carb: 34g (11%)  
Dietary Fiber: 4g (18%)  
Sugar: 9g  
Protein: 6g  
Iron: 10%  
Calcium: 2%

#### Benefits:

- A Good Source Of Fiber & Protein
- Because We Do Not Use Table Sugar (Sucrose) Or Glucose It Is Suitable
- For Diabetics
- Low Fat, Cholesterol Free
- No Artificial Colors Or Flavors
- Whole Grain Product
- Enjoy Plain Or With Milk

#### Ingredients:

Whole Grain Spelt, fruit extract (locust bean, grapefruit, apple), thickened, lemon oil.

UPC Unit	Item No.	Item Description	Size	Case	Measure Unit	Measure Case	UPC Case
0-39545-00775-5	775	High Fiber Snack Lemon	4 OZ	12	H: 6 5/16 in W: 4 3/4 in D: 3 3/16 in	H: 9 in W: 7 1/2 in D: 11 5/8 in	0-39545-70775-4

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